

# UOA Docs **KNOW** Sports Medicine

“You dream. You plan. You reach. There will be obstacles. There will be doubters. There will be mistakes. But with hard work, with belief, with confidence and trust in yourself and those around you, there are no limits.”

- Michael Phelps

Athletes are a unique breed that often requires a particular perspective to totally understand them and what they accomplish. Many athletes are goal-oriented, highly focused, and working towards a record, an accomplishment, or a championship. When an injury happens, you want to turn to a caregiver to help you get back to your activity. You want a professional who understands what it's like to be an athlete, appreciates the athlete psyche and wants to help you minimize your time away from sports. Understanding and expertise matters when you are trying to return to your sport and accomplish your goals.

**At UOA, we understand athletes because many were successful athletes** on the high school and collegiate levels. We know the dreams of athletes and the demands of sports. We recognize the effort, motivation, and drive to be successful because many of us have been successful athletes. Many of us have played in the big game, won the race, made the winning shot, or become the champion. We have spent time in the athletic trainer's room and worked hard to rehabilitate and get back to our sports.

We've trained.  
We've pushed.  
We've been hurt.  
We've battled.

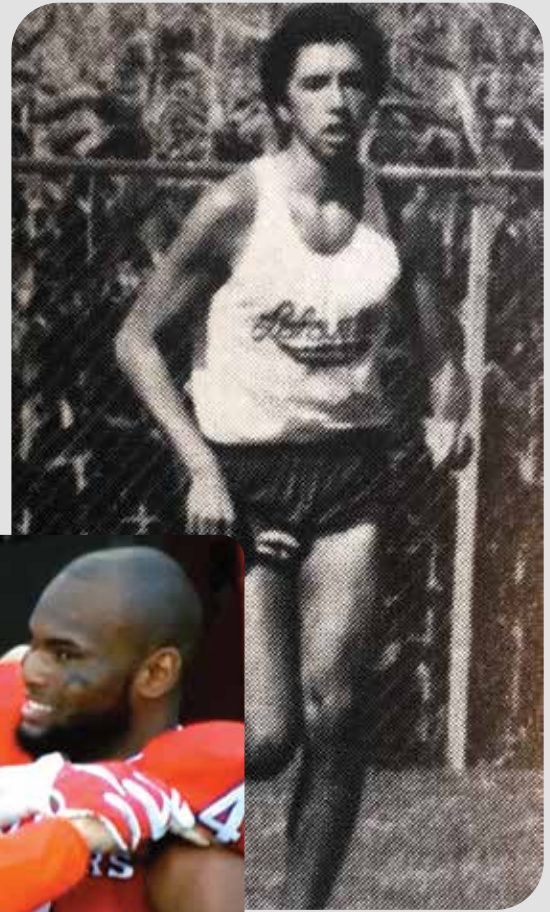
We are here for you.

## We get it! Expertise Matters!

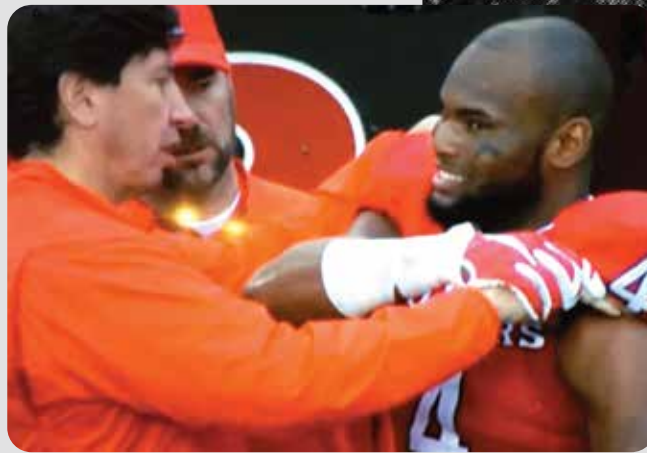
It's unfortunate, but injuries do happen. They can derail dreams and athletic desires, but it is reassuring that there is a place to turn as many of the doctors at UOA were once athletes. They understand the importance of treating a competitive athlete. Whether you are a high school, collegiate, international, professional, or recreational athlete, we are here to help you keep your life in motion!

**If you are looking for high-quality sports medicine care, you have come to the right place.**

**Dr. Mark Butler** – was a successful swimmer who held two records at Lafayette College.



**Dr. Ryan Coyle** – was an All-Ivy League punter at Princeton University.



**Dr. Charles J. Gatt, Jr.** - was a highly successful runner at Lafayette College. He serves as the orthopaedic consult at Rutgers University and Montgomery High school.

# We want to be a part of your team.



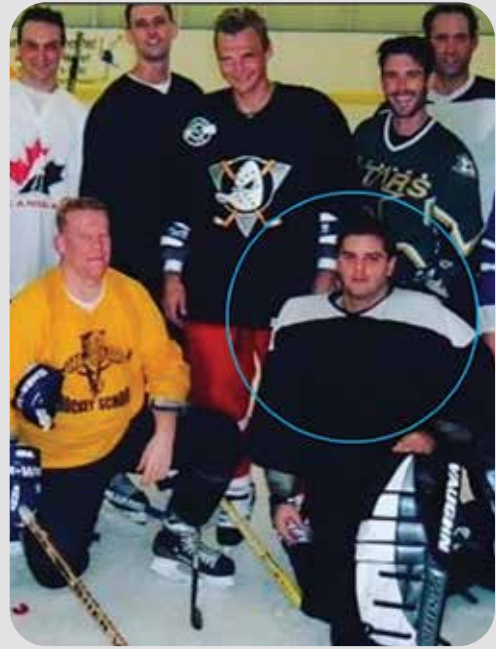
**Dr. Jeffrey R. Bechler** – played second base on the baseball team at Dartmouth College. He cares for the athletes at Princeton University.



**Dr. Jamie Monica** – Was a quarterback at Johns Hopkins University. He cares for the athletes at Princeton University and Hillsborough High School.



**Dr. Mathew McDonnell** – was a successful swimmer at TCNJ



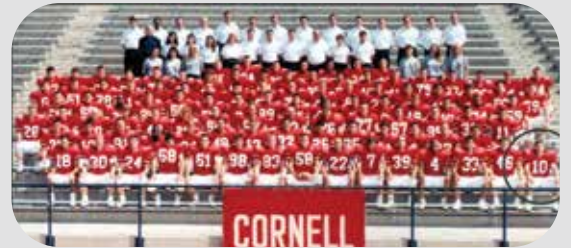
**Dr. Christopher Dumas** – was a soccer, baseball and hockey player in high school and college.



**Dr. Carlos Sagebien** – was an Ice Hockey goalie and won a state championship. Played baseball and hockey at Hamilton College.



**Dr. David Harwood** – played football at Princeton University.



**Dr. Kenneth G. Swan** – played football, wrestled and played lacrosse in HS and he was a wide receiver at Cornell on an Ivy League Championship team. He serves as the team physician for Woodbridge Twp School District and Perth Amboy High school.

When you couple an understanding of being an athlete with medical expertise, you have the perfect combination to provide the highest level of sports medicine care.

**Dr. Patrick S. Buckley** – Was a successful football and basketball player in high school. He now serves as a doctor for US Ski and Snowboarding as well as the team physician for Neptune High school.

**Dr. Timothy Leddy** – played ice hockey as a defenseman in high school. He serves as the team physician at the Lawrenceville School.

**Dr. Chris Beiro** – was a successful gymnast in high school. He serves as the team physician for Sayreville High School.

**Dr. Justin Fleming** – was a guard on the Widner University basketball team.

**Dr. David Polonet** – was a wrestler at Stanford University.

**Dr. Robert Pannullo** – was a middle infielder for the baseball team at Upsala College.

**Dr. Sergei Pushilin** – was a swimmer while attending Brooklyn College.