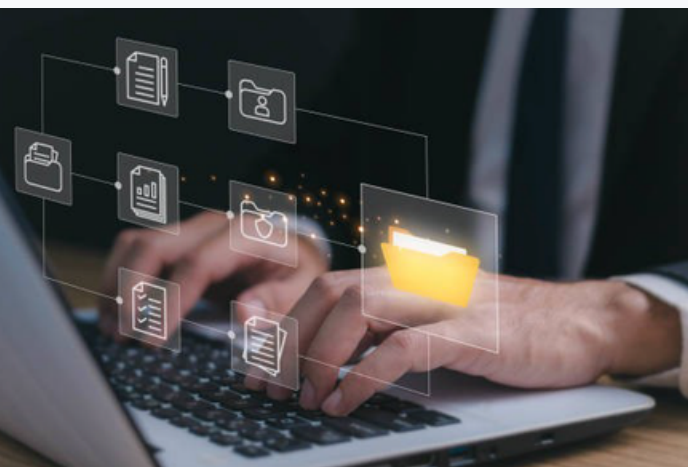


To protect your privacy, the UOA ACLR Data Repository does not collect personal identifiers or link to your personal health information.

We maintain rigorous security measures to ensure your data remains safe.

Your safety and well-being are our highest priorities at UOA; we are committed to recommending only the safest, most effective paths to a successful outcome.

Participation in this study is entirely voluntary, and no monetary compensation is provided.



Study Sites: University Orthopaedic Associates

- Avenel
- Morganville
- Princeton
- Somerset
- Wall

For more information, please visit:
<https://uoanjan.com/orthopaedic-clinical-research/>

"As an individual our impact may appear small. As hundreds with a shared purpose, we have the opportunity to make a big difference."

- Craig Kielburger



UOA ACLR Data Repository

Rutgers IRB: PRO 2026000242

Principal Investigator: Charles J. Gatt, Jr., MD

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APPROVED

IRB ID: Pro2026000242

APPROVAL: 8/6/2026

EXPIRATION: 4/7/2027

Why is this study being done:

Objectives

Create a secure data repository in order to compile significant data to study the individual factors which may influence Anterior Cruciate Ligament (ACL) injury, and ACL reconstruction (ACLR) in order to optimize management and facilitate recovery.

Research Significance

ACL injury is one of the most common injuries seen within an active population. Since 2007, there has been over a 23% increase of ACL injuries seen in youth sports. The literature notes that as many as 45% of injured athletes may not return to the same level of sporting activity as when they were injured. ACL injuries may occur to other active family members and some patients will suffer contra-lateral ACL injuries, or re-tear their ACL graft. All are very common questions that the current orthopaedic literature can't explain. Despite best practices, ACL injury can be a significant problem for some individuals.

Treating thousands of high school, collegiate, and adult athletes annually, UOA physicians understand the profound impact of ACL injuries. Our high patient volume provides a unique opportunity to collect key clinical data and drive meaningful advancements in future ACL care.

Who is eligible to participate in this Study?

Patients who suffer an ACL injury and who elect to receive care at UOA.

Inclusion Criteria

- Formal ACL diagnosis
- Elect to undergo ACLR
- Patient age 12-65

Exclusion Criteria

- Those without ACL injury

What will you be asked to do if you take part in this research study?

Contributing your data to the UOA ACLR Data Repository doesn't involve any added activity beyond the normal recovery from ACL surgery. We are merely asking you to allow us to include your ACL associated data into our repository. We will do all the hard work extracting the data from your chart. We are not asking you to do anything additional during your ACLR journey than you would do if you were not sharing your data with the repository.

What are the potential risks or discomforts of participating in this study?

Participating in this repository involves no more than minimal risk, and you will not experience any physical discomfort. Because your data is fully de-identified, the only potential risk is a very remote chance of a breach of confidentiality, which we take strict precautions to prevent.

What happens if I choose not to participate?

Participation is entirely optional. If you decide not to share your information, you simply won't be enrolled in the repository. Please rest assured that you will continue to receive the same exceptional care from your attending physician.

What data items are we looking to collect for the repository?

- Age, Height, Weight, BMI, Sex at birth.
- Pre-surgical expectations
- Clinical notes detailing extent of knee injury, including meniscal, chondral and collateral ligament injury
- Preoperative MRI measurements
- Surgical notes regarding graft type, size, fixation
- Incidence of contra-lateral injury, or re-tear of graft.
- Sporting involvement, mechanism of injury.
- Time from injury to surgery.
- Patient Reported Outcomes including the Knee Injury Osteoarthritis Outcomes Score (KOOS), International Knee Documentation Committee Score (IKDC), Tampa Scale of Kinesiophobia (TSK), Supplemental Sports Questionnaire (SSQ) and the Patient Reported Outcomes Measure (PROMIS).
- Functional Outcomes from physical therapy
- Time to return to sports



**** NO PERSONAL IDENTIFIERS**
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